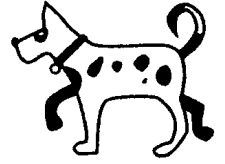
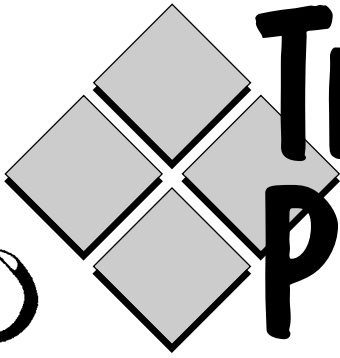


THE PAMPERED PET GAZETTE



VOLUME I, ISSUE 8

VOTED PSI'S 1999 PET SITTER OF THE YEAR

FALL/WINTER 2004

HAPPY FALL EVERYONE!



Happy Holidays from Heidi and Lucky!

It has been nearly a year and a half since the last *Pampered Pet Gazette*. I hope that everyone has had a pawsitively wonderful year!

Inside this issue of the *Pampered Pet Gazette*, you will find fun products, pet adventures, preventative pet health care information, trivia, and stories about various community outreach programs. You may even notice a few ads. For the first time, I have included advertising space for business owners whom I personally recommend—people that have provided exceptional service to me.

I truly cherish the privilege of providing care for your precious pets! Thank you all very much for entrusting *The Pawsitively Pampered Pet* with your furry, feathered and finned loved ones. I am proud and grateful to have so many great clients.

Sincerely, Heidi

VACCINATIONS FOR YOUR PET

Recently, one of my long time clients had a cat, Cleo, that developed fibro sarcomas. Fibro sarcomas (FSAs) are malignant tumors of connective tissue that contain fibrous elements that develop into cancerous growths. They have become a hot topic of controversy lately because it has been discovered that the development of FSAs can result from giving your cat basic vaccinations.

"In 1991, researchers noted an increased incidence of FSAs at or near vaccination sites. Vaccine-associated FSAs are usually found under the skin where vaccinations have been administered." (Cat Fancy, March, 1999)

Middle-aged cats of any breed or sex are most often affected. Risk increases when different vaccines are given in the same site, with the site of highest risk being the region between the shoulder blades (the most common vaccination site). Within the Cat Fancy article, different treatments such as surgery, chemotherapy, radiation and gene therapy are recommended. However, 86% of the removed tumors will reoccur.

"In an effort to avoid vaccination-site sarcomas and identify the cause of these tumors, the American Association of Feline Practitioners and the Academy of Feline Medicine recommends veterinarians administer different vaccines in specific sites." (Cat Fancy, March, 1999)

By administering distemper, rabies, and leukemia shots in different limbs, your vet can determine which vaccine was responsible. It is also much easier to remove a limb to eradicate the cancer than if the tumor was between the shoulder blades—which is where Cleo's cancer was located.

In July 2004, Cleo was released to Rainbow Bridge due to her cancer getting to an



Cleo & Tony lounging and lolling in the sun.

advanced stage. It is so sad to see a perfectly healthy cat have to be euthanized just because the owners did what they were supposed to do—vaccinate their pet to keep her healthy. If you get a new pet, talk with your vet about FSA and how best to avoid Cleo's fate. You can call me for a copy of the article. (510-336-9861)

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GOODBYE TO THE JAZZ-MAN

On July 12, 1991, a mother dog was having a hard time giving birth to her many pups. Once she bore the last one, she had to be rushed to the animal hospital to have an emergency hysterectomy to save her life. As she lay on the operating table, the veterinary doctors made an incision to start the procedure—what they didn't know was that she still had one more pup to give birth to. This is how Jazz came into the world! The doctors were amazed to find the little pup still in her uterus. Not surprisingly, the vet staff named him Lucky.

I have cared for Jazz since the beginning of my pet sitting days—excluding some time when his parents moved to SF but then came back. We had so many adventures together—running around Lake Temescal, trips to Healdsburg and beyond, and many dinners at outside restaurants. Jazz had a wonderful spirit and brimmed with charisma.

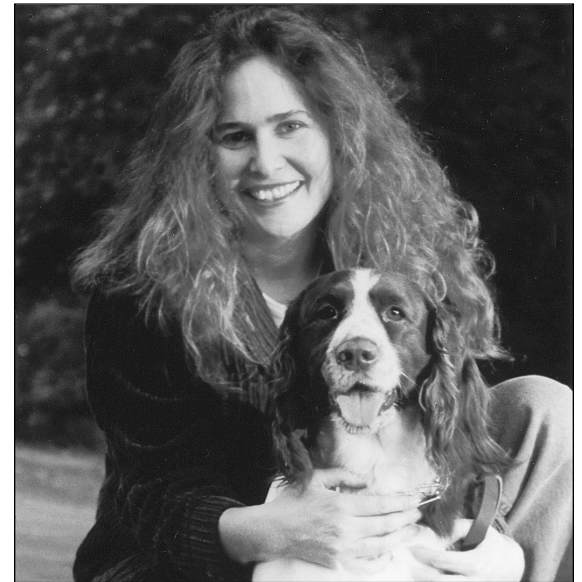
The story I feel elucidates his charms the best was the time I drove a friend of mine to the airport. My friend was not much of a dog-lover and was not particularly thrilled that I wanted to take Jazz along for the ride, especially because they had to sit in the back seat together. And as luck would have it, we got stuck in some hefty traffic. But by the time we arrived at the Oakland airport, my friend was ready to take Jazz on the plane home! Jazz won him over (as he did with everyone he ever met) with his kisses and “hugability.”

Speaking of hugability, Jazz loved to snuggle! He was always right by my side when we were together—especially when it was “sleep time.” The sleeping bag I took on house sitting jobs was only really big enough for one person—but not if Jazz had anything to say about it. He loved to crawl in the bottom and SNORE! But I never minded—he kept my feet warm!

So when Jazz passed over to Rainbow Bridge August 8th, 2004, we were all so sad to say goodbye. Many tears have been shed over missing Jazz's loving personality. He is greatly missed by everyone! He truly is one of the sweetest dogs I have ever known. I want to extend my sincerest wishes of sympathy to his family.

Love, Heidi

PARTIAL REPRINT FROM PAMPERED PET GAZETTE,
PET OF THE MONTH, APRIL 1998



Heidi hugging Jazz.

Here is a sweet poem by G. Dilallo of Quebec, Canada that was sent to me when a client's dog, Keogh, passed away last January.

I often sit and think of you and the day you died. Many nights I dream of you and many nights I've cried.



KEOGH

I thought of you with love today but that is nothing new. I thought about you yesterday and the day before that too.

My heart still aches with sadness and secret tears still flow. What it meant to lose you no one will ever know.

They say time heals all sorrows and helps us to forget. But time has only shown how much I miss you yet.

For when you lose loved ones you can cry for many years. It's very hard to write these words when your eyes are filled with tears.

I thought I'd always have you How was I to know we'd only be together a few short years before you'd go.

It's lonely here without you tears are sometimes hard to hide. As you know, I'm sure, my fondest wish is to have you again by my side.

MY DOG IS COOL...IS YOURS?

Every year near the start of summer, we begin to hear news stories about young children dying in hot cars. What we hear about less often, because they are rarely reported, are the cases in which companion dogs die similar, terrible deaths.

These animals' deaths are tragedies that occur with alarming frequency, yet are entirely preventable. That is why API is launching a national initiative—**"My Dog Is Cool . . . Is Yours?"**—just in time for the hot weather season. With your help, we can save dogs from heat-related deaths all year long.



As the summer heats up, it's important that people be made aware of the dangers of leaving their companion animals inside hot cars. Every year, dogs die after being locked inside cars while their guardians work, visit, shop, or run other errands. These tragic deaths are entirely preventable.

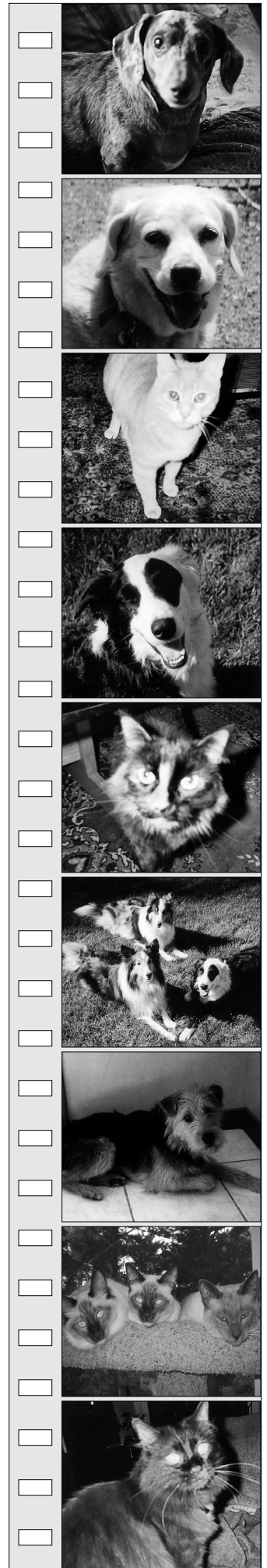
Warm weather can literally be a killer for a dog left inside a car. When it's 85 degrees out, the temperature inside a car—even with the windows left slightly open—can soar to 102 degrees in 10 minutes, and reach 120 in just half an hour. On hotter days, the temperature will climb even higher. Outside temperatures in the 70s can be dangerous, as well.

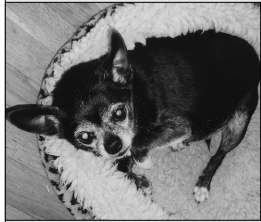
As with the tragic deaths of young children locked in hot cars, the deaths of companion dogs are not usually deliberate acts. You may already be aware of the risk, but most people simply don't realize how quickly closed, unattended cars or trucks can become stifling death traps. Fortunately, this is a problem that can be prevented—with your help. Your assistance is invaluable in our effort to spread the word about how dangerous hot cars are for dogs. Thank you for helping save dogs' lives!

DON'T LEAVE ME IN HERE—IT'S HOT!

1. Contact *Animal Protection Institute* at (www.api4animals.org) for a supply of our **"Don't Leave Me in Here—It's Hot!"** flyers. Keep a stack handy when you go out shopping, go to work, run errands, etc.
2. When temperatures rise and you see a dog in a parked car, slip a **"Don't Leave Me in Here—It's Hot!"** flyer under the car's windshield wiper. When the dog's guardian returns to the car, they will find the educational flyer and, we hope, think twice about leaving their companion in a hot car again.
3. If you come across a dog already in heat-related distress, call the local police department and/or animal control. Apply cool water to the dog immediately, and take it to a veterinarian for emergency treatment.
4. The signs of heat exhaustion include excessive panting, drooling, a bright red tongue, weakness, staggering, seizures, and eventual loss of consciousness.
5. Ask your local shops, supermarkets, restaurants, libraries, and other public places to help educate more people about the dangers of leaving a dog in a car in the summertime by distributing the **"Don't Leave Me in Here—It's Hot!"** flyers to their patrons. Provide some for them, if possible.
6. Write a *Letter to the Editor* of your local newspaper, urging readers to leave their dogs at home on warm days.
7. Contact the **Animal Protection Institute** online at: (www.api4animals.org) for information about how to pass an ordinance and/or a policy in your community relating to not leaving animals unattended in a vehicle on a warm day.

For more information visit online at:
WWW.MYDOGISCOOL.COM

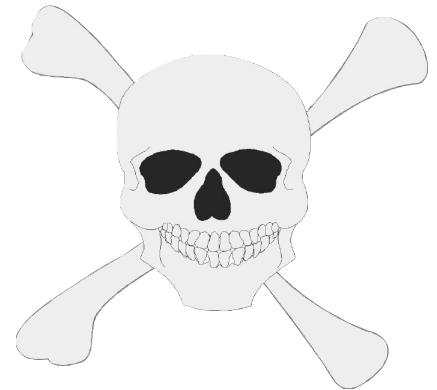




A vertical column of 20 empty rectangular checkboxes, corresponding to the images on the left side of the page.

HOLIDAY POISON SAFETY TIPS

Keep these items away from pets!



- Move unfinished alcoholic drinks and punch bowl where your dog cannot get to it.
- Foods served as snacks or in gift baskets: chocolates, nuts, coffee, and heavily salted meats and cheeses.
- Bones and other scraps from meat or fatty foods.
- Items your dog could puncture that contain toxins, such as batteries, toiletry gift items, and arts and crafts items.
- Medications perhaps left out or in a houseguest's purse.
- Water in the Christmas tree stand. Fertilizers and other chemical treatments used on the tree can leach into the water.
- Holly and mistletoe berries
- Poinsettia leaves and sap
- Liquid and dry potpourri
- If you suspect poisoning, take your pet to your vet or emergency care provider immediately.

ASPCA ANIMAL POISON CONTROL CENTER
800-548-2423 • www.apac.aspca.org

ST. HUBERT'S ANIMAL WELFARE CENTER
PET POISON HOTLINE
800-565-5719
www.sthuberts.org/whatwedo/poison.asp

Please put this information in a safe place for when you may need it.

DOG FANCY, NOVEMBER, 2003

MEDICAL EMERGENCY RESPONSE SYSTEMS

Animal Medical Emergency Response System, (A.M.E.R.S.) is Northern California's first and only emergency pet transport system, offering rapid transport of sick and injured animals to a veterinarian. A.M.E.R.S. staff are all registered vet technicians. They utilize full service emergency transport units with supplies and tools to offer animals an increased chance of survival. Their vet technicians will provide life support assistance if needed en route to the nearest or selected vet clinic (based on A.M.E.R.S. protocols)

In the past there has been no other alternative than to drive your pet to the animal hospital yourself.

Now, however, you can call on the pet ambulance at **877-427-3771**, 24-hours-a-day.



Be Sure To Note: All calls canceled when ambulance is enroute will be charged a \$20.00 service fee. All calls are subject to mileage fees if over a 30-mile radius.

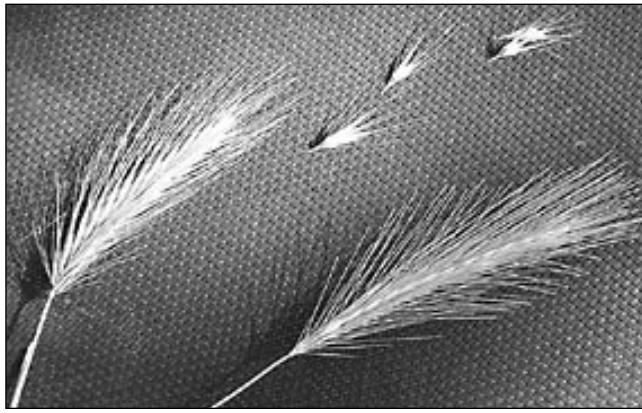
For a brochure describing the full range of what A.M.E.R.S. does call them at **877-426-3771** or visit online at: **www.AnimalMedics.com**. Probably best to do this BEFORE an emergency! I have actually been inside one of their ambulances when one of the drivers visited an EBPSA meeting. It was fascinating! Give them a call—it may save your pet's life.

THOSE FEISTY FOXTAILS

Did you know that foxtails can be extremely dangerous, even deadly, to your pets? Foxtail is a generic term that's often applied to several species of wild grasses, but is specifically associated with a type of wild barley that is indigenous to the western United States.

Foxtails are common all up and down the West Coast but have also spread across the country. Foxtails are most commonly found in the noses, ears, eyes, mouths, and throats of dogs and cats.

While some first aid may be possible, in almost all cases, you should get your dog to a vet as soon as possible. Delaying treatment allows the foxtail to do further damage; avoiding treatment altogether could lead to chronic illness and even death.



Foxtail seeds are covered with microscopic projections that attach to other surfaces and cause the seed to migrate in a new direction when in contact with anything else.

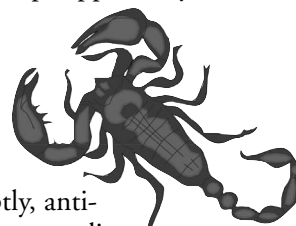
Here are some things you can do to minimize the risk of foxtails to your pets:

- Eliminate foxtails in your area.
- Avoid walking your dog in areas where foxtails are prevalent.
- Thoroughly examine your dog after all walks (especially their paws).



Snake, Spider & Scorpion Bite First Aid

1. Minimize the dog's movement. Excess movement speeds the poison through the body.
2. If the bite wound is visible, wash it thoroughly with cold water to get rid of any surface venom. *Do not cut the wound or attempt to suck out the venom.* This increases the blood supply and makes the condition worse.
3. If a leg is bitten, keep it below the heart, apply an ice pack and bandage it, wrapping large sheets of cotton wool tightly around the limb and covering this with firm elastic adhesive bandage. Tourniquets are NOT as effective as a bandage in slowing the spread of poison. If you visit the trails frequently, you might want to keep supplies in your car or backpack.
4. Keep the dog calm and see a local veterinarian **IMMEDIATELY.** When given promptly, anti-venom and cortisone saves lives.



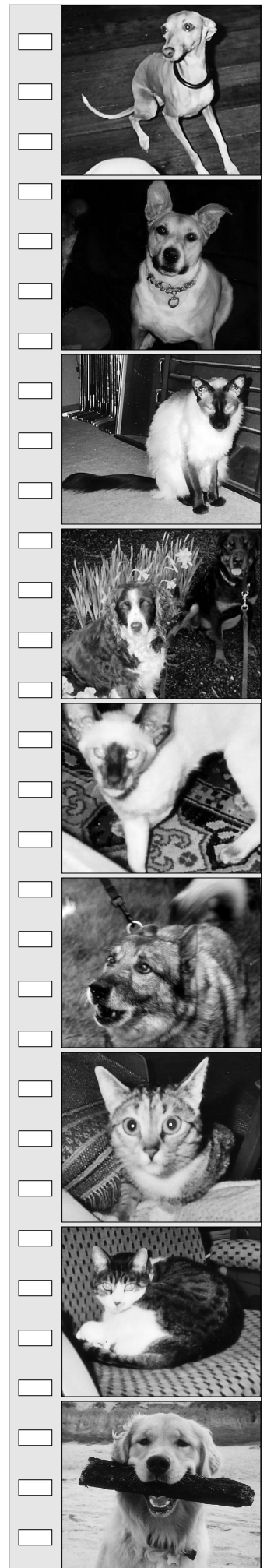
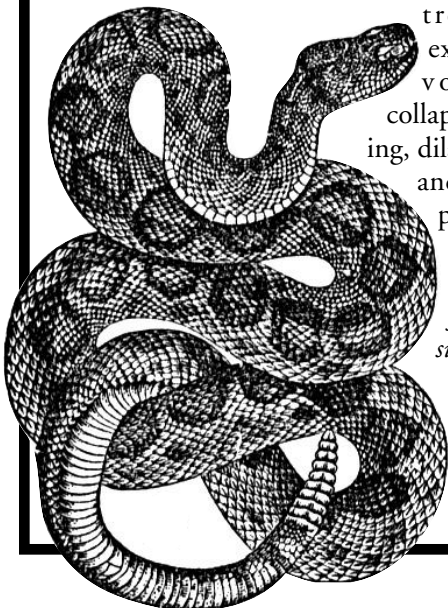
SNAKEBITE!

The past couple of years there have been many stories of near miss snakebites on the trails or of actual snakebites on dogs in the wrong place at the wrong time. If you walk your dogs at any of the EBRP or anywhere considered "wild" terrain, it is extremely important to know what to do and FAST.

A pet inflicted with a poisonous snakebite may exhibit some of the following symptoms:

trembling, excitement, vomiting, collapse, drooling, dilated pupils and/or fast pulse.

Please read the first aid suggestions listed at right.



MAKE IT A HEALTHY HOLIDAY

How can we resist those puppy dog eyes, especially at this time of year? Would it really hurt anyone to share our holiday feasts with a furry friend? It might.

Giving large amounts of fatty foods may result in pancreatitis—especially in breeds, such as miniature Schnauzers, which have a high risk. Pancreatitis isn't the only danger. Bones may be splintered and cause esophageal obstruction or may perforate the intestines. Chocolate can cause diarrhea, vomiting and seizures. Onions can cause anemia.

Instead, give nutritious treats

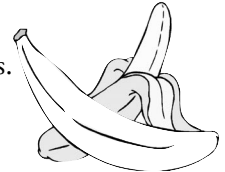
made especially for dogs, or offer crunchy low-fat snacks from the crudités tray, such as broccoli, carrots, or cauli-



flower. Many dogs enjoy fruit, such as melon or apple—but hold off on grapes, which have been linked to kidney failure.

“GO-BANANAS” TRAINING TREATS

- | | |
|-----------------------------|---|
| Vegetable shortening | 3 ripe mashed bananas |
| 3-4 large eggs | 3 cups whole-wheat flour |
| 1/3 cup canola or corn oil | 3-6 cups uncooked oatmeal, depending on texture preferences |
| 1/3 cup honey | |
| 1/3 cup blackstrap molasses | |
| 1 cup skim milk | |



Preheat oven to 325 degrees. Lightly grease a 10-15 inch baking sheet with shortening. Place the eggs, oil, honey, molasses, milk, and mashed bananas in a bowl, and mix with a hand blender or spoon. Add the flour and oatmeal, and mix until it has the consistency of cake mix.

Spread the batter in the prepared pan. (*Let the dog lick the spoon and bowl!*) Bake one hour, turn off oven, and let treats sit until oven cools. Turn out onto the counter or a cutting board, and cut into whatever shapes suit your fancy (or break into pieces). Cover and refrigerate or freeze for up to two months.

RECIPE COURTESY OF RACHEL FRIEDMAN

SUNDOGS Emergency Decals

Place **Sundogs Decals** fire and emergency window decals on windows in your car and home to alert emergency crews that a dog is inside in the event of a fire or other emergency. Made of polyester cling material, the decals come in over 100 breeds, so you can help rescue efforts by depicting the dog that needs to be rescued. \$3.75 each. Sundogs Decals, P.O. Box 733, McLean, VA 22101 or online: www.sundogsdecals.com

**In Case of Emergency,
PLEASE Rescue My**



**Border Collie
Inside**

Thank You!

©www.sundogsdecals.com

**In Case of Emergency,
PLEASE Rescue My**



**Blue & Gold
Macaw Inside**

Thank You!

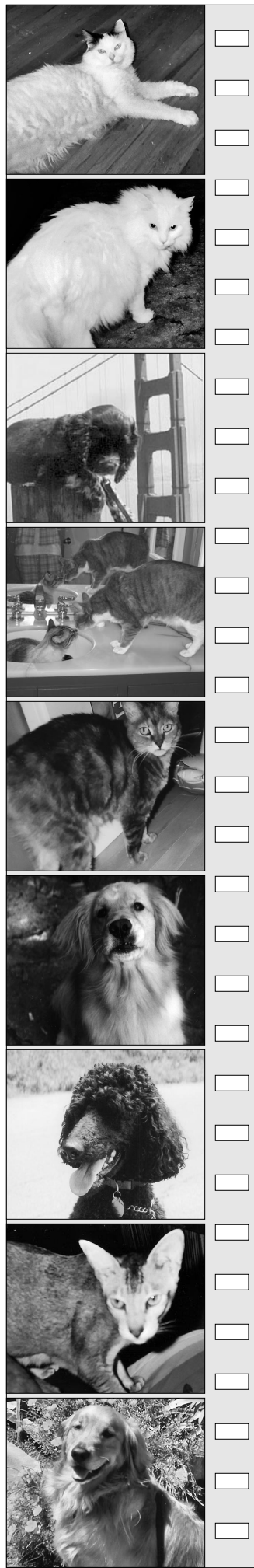
©www.sundogsdecals.com

**In Case of Emergency,
PLEASE Rescue My**



**Cats Inside
Thank You!**

©www.sundogsdecals.com



Fun Games To Play WITH YOUR PET

MY DOG CAN DO THAT!

This is a commercially produced board game that you play with your dog. The game consists of three decks of cards (beginner, intermediate, and advanced). Any dog with basic good manners and training can play. You move around a board when your dog completes simple tasks as "sit and stay" to more advanced "pick up a toy and put in basket." (*I know this is silly but we are pet lovers—and being silly is FUN!*) This is a great gift for yourself (oh, I mean Fido) or a friend. You can find the game in pet stores, by calling: **800-776-2665** or by visiting online at: **www.dogwise.com**



COMMUNITY BULLETIN BOARD

NEELU NACHNANI
Mortgage Agent

Community Home Loans

Phone: 925-830-0686 x19
Fax: 925-830-0669
Cell: 925-785-3191

E-mail: neelu@chlsr.com
2333 San Ramon Valley Blvd. #295, San Ramon, CA 94583

Neelu can do most refinanced loans FREE. Give her a call.—Heidi

 **Prudential**
California Realty

"A Palomares Hills Homeowner"

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Castro Valley, CA 94546
Cell: 925-699-9853

Email: Nancy.Erfan@prurealty.com
URL: www.NancyErfan.com


Nancy Erfan
REALTOR

Nancy goes beyond professionalism. Contact her if you are in the market for a new home. —Heidi

Neelu Nachnani
Insurance and Financial Services Agent

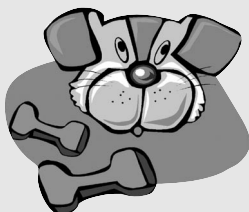
FARMERS

1620 Oakland Rd, Ste D107
San Jose, CA 95131
Bus: 925-785-3191 Lic # 0C68429
Res 925-828-8340

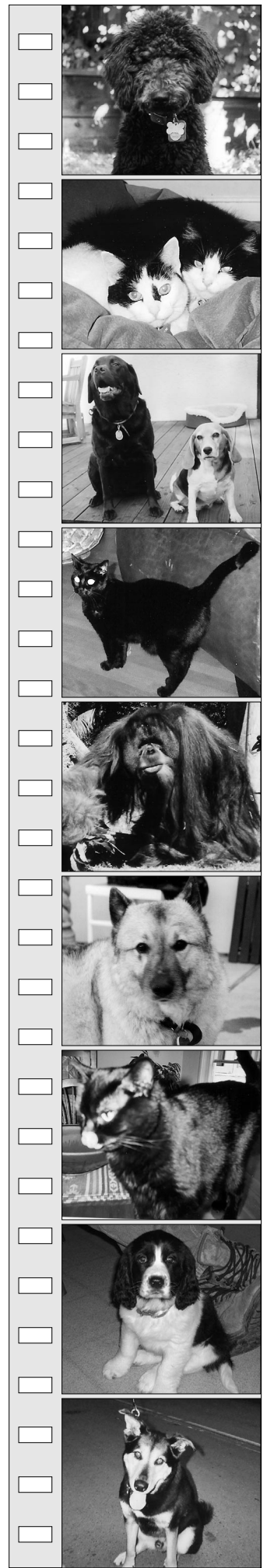
Registered Representative
Farmers Financial Solutions, LLC
2423 Galena Avenue, Simi Valley, CA 93065
Phone (805) 306-3400 Member NASD

FIESTA BONES FOR GAME WINNERS

- 3 Tablespoons water
- 4 cups wheat flour
- 1/2 cup cornmeal
- 1 medium egg
- 2 Tablespoons vegetable oil
- 1 Tablespoon minced garlic
- 1 Tablespoon minced cilantro
- 1 cup chopped sun-dried tomatoes



Mix ingredients with a spoon to combine, then knead by hand. Roll out into half-inch thick sheet. With 2 1/2 inch bone shape or other cookie cutter, cut out 30 cookies. Place on baking sheet sprayed with non-stick cooking spray. Bake at 375 degrees for about 50 minutes. Cool on rack. Store in sealed container. Makes about 30 treats.



Charity Garage Sale

This past June, I had a HUGE garage sale for charity. Through my book club, we all decided to adopt a classroom at a Title 1 school. We organized and gathered items for sale, and worked from 6AM till about 4PM when the last sale was made. The effort was well worth it; we raised almost \$1100!

This was enough money to adopt an entire first grade classroom at Brookside Elementary in East Oakland. We decided to buy "back-to-school" backpacks and fill them with the necessary supplies from the teachers wish list. As we all know, many schools in Oakland are under funded and kids are not getting even the basics, i.e. paper, pencils, books. We filled each backpack with paper, pencils, markers, crayons, scissors, glue, and snacks.

We all had a great time buying the backpacks and supplies. Our enthusiasm spilled over when we met a woman who asked us why we had so many shopping carts filled with stuff. When we told her what we were up to, she grabbed our list and decided to adopt her own classroom. She said she was inspired; she had been looking for an opportunity to give back to her community, but she didn't know where to start. Talking with this woman provided the most poignant realization of our charity effort: Working for the community

produces a positive, infectious energy that tends to inspire others to get involved.

This realization has motivated a couple of us in the book club to continue raising money for deserving children in Oakland. We will continue to adopt a classroom each year and, in addition, we plan on raising funds and accepting donations for Christmas toys in December. I will send out a separate letter to you all when our charity, *Why Oakland Wins* (WOW) is more formalized.

A very BIG THANK YOU to everyone who donated items this past June to our garage sale! We are going to make it a yearly event, so if you have items to donate we will start collection in the month of April.

Please call me if you have any questions at: **510-336-9861.**

Heidi



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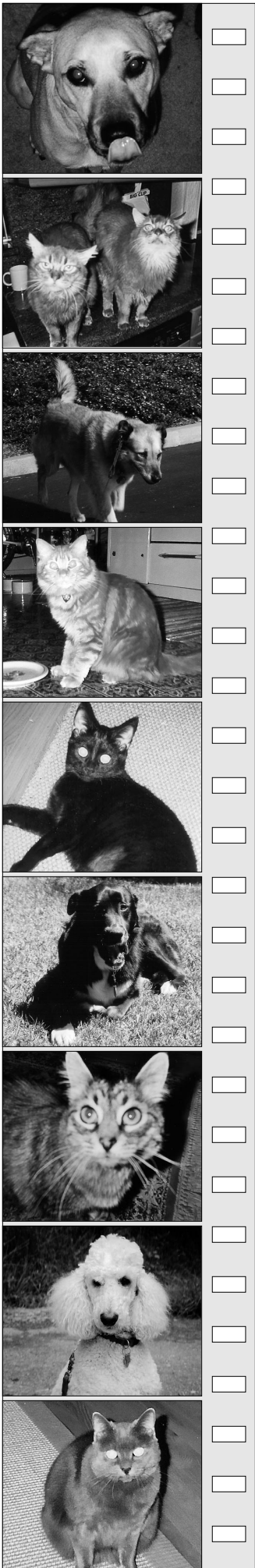
Organized Interiors can work with you to create a peaceful sanctuary to come home to-

A setting that reflects who you really are, and allows you the freedom to pursue your dreams.

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Home Organization Interior Design Staging

Heather helped me organize my entire new house. Give her a call if you need some expert advise. —Heidi



SMARTY PANTS THRIFT SHOP

Ssmarty Pants Thrift Shop is a new addition to the San Pablo strip in Berkeley. Located at 2505 San Pablo Avenue, Smarty Pants shop is a non-profit organization founded in February 2004 by Kirsten Swenson, also a new addition to the area having only moved here in January.

The organization benefits local schools and students, a topic that Kirsten has become passionate about after learning of the school budget cuts that have put low income students, and their teachers, in a compromising position. Stories of teachers struggling to provide their students with basic school supplies at their own expense convinced Kirsten that something needed to be done to help.



Individuals who are denied access to the proper educational tools, such as books, basic school supplies and exposure to arts and athletic programs have a sad disadvantage.

Kirsten believes, as many of us do, that education provides an important foundation for human beings that assists them in achieving success and happiness in their lives. Individuals who are denied access to the proper educational tools, such as books, basic school supplies and exposure to arts and athletic programs have a sad disadvantage.

The money that Kirsten generates through her Smarty Pants store is donated directly to teachers who request her help through a wish list. Teachers can come in with a wish list of school supplies for their classroom, sports teams can request donations for new uniforms, music teachers can request a list of instruments not provided by their school. By purchasing merchandise at Smarty

Pants, your funds go toward helping kids in need.

Kirsten's vision is to open several more stores in locations that will best serve the community, schools, and students most in need. Her current location is a temporary means to begin raising funds while spreading the word and seeking out a larger facility. The goal is to provide great economical, stylish, furnishings, clothing and household items to the local residents and at the same time, fulfill the wish list requests from teachers and students as often as possible.

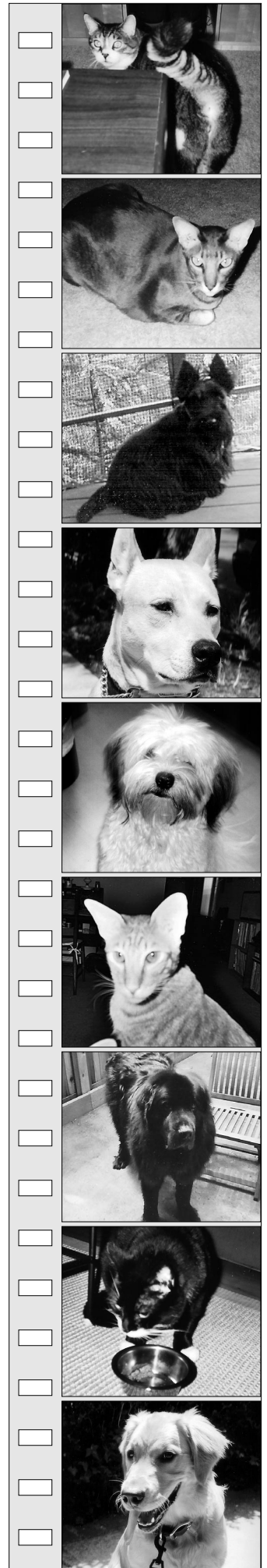
Kirsten is currently working on the Smarty Pants website to help inform the public of her cause and provide an opportunity for those that need assistance to contact her with their wishes and requests. (Check back to Heidi's web site www.yourpamperedpets.com on the links page for Kirsten's current web address).

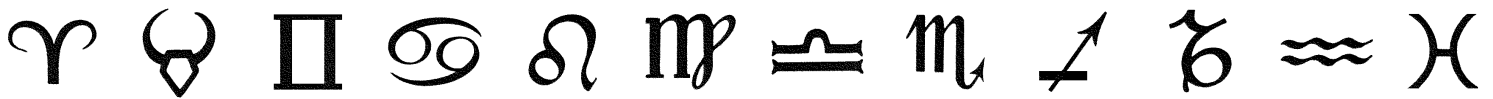
If you would like to make a donation of any kind to Kirsten's cause, please feel free to contact her at 510-282-8404 or visit her at 2505 San Pablo Ave., Berkeley. She looks forward to seeing you at her shop and don't forget to tell a friend.

Heidi

A special thanks to Heidi and her fellow donors for providing us with such generous donations of clothing and household items after their HUGE garage sale for charity. It was much appreciated and made our grand opening all the better!

Kirsten






Pet Horoscopes

SAGITTARIUS

November 23–December 21


“Brave active and bright the Sagittarian pet will always amuse us.” 

DOGS: Pity the poor bitch who has a litter of Sagittarian puppies for as youngsters they are a whirlwind of hyperactive energy. As they grow they become more controlled, muscular and sturdy. Large dogs such as German Shepherds, Labradors and the Old English Sheepdog fare well as Sagittarians, as do long-lined dogs such as Borzoi or Afghans. A Fire sign with a planetary ruler of Jupiter makes these dogs exceptionally brave and lucky. They are very trustworthy and reliable and particularly suitable working for the blind. They have lots of character and know amusing tricks.

CATS: All Sagittarian cats are subject to serendipity which often causes them to be in the wrong place at the right time. Often at meal times they just don't turn up, or if there's a cat stuck up a tree it's likely to be a Sagittarian. They like affection but hate it if you smother them. They'll just turn and move away. Your Sagittarian cat cherishes her freedom. She is very popular and sometimes aloof as if she refuses to mix with the common sort of cat from the wrong neighborhood. Her hair or whiskers may be long like the mane of a horse and she is mostly active and energetic.

CAPRICORN

December 22–January 20

“Capricorn pets look old before their time” 


DOGS: They say that Capricorn dogs look old from the moment they are born but improve with age. The sign of Capricorn favors breeds that can withstand cold climates such as Saint Bernards or Huskies and the practical earthly nature of this sign makes them unafraid of hard work. However, because they are Saturn ruled, they may take an exceedingly long time about anything they do. “Walkies” with a Capricorn dog can be infuriating as they forever lag behind. They are stubborn and may ignore your commands or calls.

CATS: Some of the most selfish cats are born under the sign of Capricorn. They'll eat your food, take your treats, accept your affections then walk away as if you don't exist.

The Capricorn cat doesn't enjoy domesticity and is better suited to the wild—many strays are born under this sign. Often Capricorn kittens are abandoned when very young. I'm afraid that your Capricorn cat can also be rather dull company, but every sentient being deserves to be loved and it may be your task to love her—even if she's not the life and soul of the party.

AQUARIUS

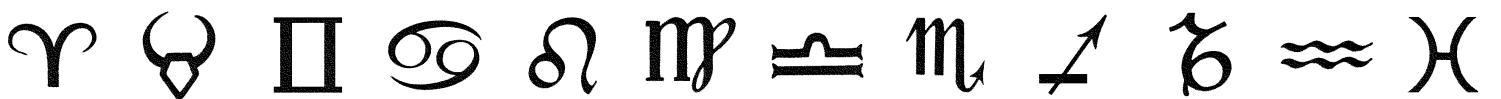
January 21—February 19

“If your pet is totally bonkers—it's probably an Aquarian.” 

DOGS: “Sausages” and other Smart-Alec speaking parts on “That's Life” were pioneered by Aquarian dogs for if a dog's being daft he's likely to be an Aquarian. An Aquarian dog has traits that other dogs would find strange. They'll perform in the circus, enjoy being on the TV, and may sometimes appear more human than dog. But their heart lies with their own species and they love to run with the pack albeit somewhat erratically. A happy Aquarian dog is one that is given as much freedom as possible, for he just loves to be let off the leash.

CATS: Your white Siamese Aquarian cat would probably be delighted if you dyed her pink, for just like their canine counterparts the Aquarian cat is an eccentric. She may prefer chocolate to fish, her best friends are birds and she'll sleep in the dog's basket. She may even enjoy having a bath. She's like no cat you've ever known. The Aquarian cat is also very independent—you're only there to supply the food—so don't expect a great deal of affection from her. Aquarians of all species are drawn to working in television, so if you're looking for a star for your show or advertisement then the Aquarian cat is purrfect.

ALL HOROSCOPES IN THE PAMPERED PET GAZETTE ARE FOR FUN.
If you want further information visit online at: WWW.FREEASTROLOGY.ORG



PAWSITIVELY RANDOM PAGE

TOP TEN MUST-SEE MOVIES (GET OUT THE TISSUE!)

- Old Yeller
- Beethoven
- My Dog Skip
- Best in Show
- Iron Will
- The Shaggy Dog
- Turner and Hooch
- Where the Red Fern Grows
- The Adventures of Milo and Otis
- Homeward Bound: The Incredible Journey



THE CRUELEST MILES

by Gay Salisbury and Laney Salisbury

This book chronicles the harrowing 637 mile dog-sled relay to deliver the life-saving diphtheria antidote. The authors devote attention to Leonhard Seppala, “the fastest musher in Alaska,” and even more on the mission’s real heroes—the sled dogs.

The book is well researched and loaded with information. There are many moments you wonder, “Will Togo, the lead dog, lead everyone to safety?” You realize just how amazing working dogs can be!

This book received the high four-bone rating from Dog Fancy, December, 2003.



PPP ON PET TAGS

As I emphasize in every newsletter, please include *The Pawsitively Pampered Pet's* phone number (510-336-9861) on your pet’s tags. Hint: because cat tags are smaller, don’t bother putting the cat’s name on it, she won’t answer anyway. Use that space for extra phone numbers or “Indoor Cat—I’m Lost—Reward.” Most pets are not found by shelters, but by our neighbors.

PARTIAL CONTENT TAKEN FROM NEWS AND MEWS, JUNE 2004

TRACK 'EM WITH PETTRAX

Using the same technology the police rely on to locate stolen cars, **PetTrax** has developed an affordable and reliable solution to lost pets. Attach the PetTrax collar and adjust it like any other collar. If your pet gets out and decides to wander, the PetTrax collar transmits a silent radio signal that can be used to locate your pet in the event it becomes lost.

When you notice your pet is missing, you should call to speak with an *Animal Rescue* staff member. A rescue technician will arrive within 30 minutes to locate your missing pet. The technician scans a 10-mile area around which your pet was last seen with the same technology police use to track stolen cars. **PetTrax** claims the lost pet is usually returned in less than one hour. Give them a call if interested at: 1-866-PetTrax or online at: www.PetTrax.net



PAWSITIVELY SPOILED

Americans spent approximately \$31 billion in 2003 on their pets. This up from \$17 billion in 1993. Yes, *billion*.

TIME MAGAZINE, MAY 19, 2003

70% of pet owners buy Christmas presents for their pets.

SAN FRANCISCO CHRONICLE 2002



Doggie menu at Raffles L'Ermitage in Beverly Hills:

- Tuna tartar with anchovy essence \$19
- Poached salmon belly with frothed milk \$23
- Caviar with hard-poached eggs \$98

TIME MAGAZINE

Buy a doggie *PetaPotty*, which is a 34-inch square of grass with a drainage system that for \$230 plus \$30 a month maintenance fee, allows your dog an indoor bathroom of his own.

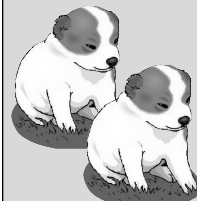
TIME MAGAZINE

The dog, Moonie, from the movie *Legally Blonde*, travels with an entourage of two trainers and two stand-in dogs, and commands \$1,500 a day!

TIME MAGAZINE

ANNUAL Spay & Neuter

- 8-12 million Cats and dogs enter shelters each year
- 66.2 million Cats in US households
- 4,000 to 6,000 Animal shelters in US
- 25-35 Percentage of shelter animals adopted
- 3 Litters a female cat can produce each year
- 58 to 65 Days of gestation for a litter of kittens
- 4 to 6 Kittens per litter
- 420,000 Kittens that one cat and her offspring can produce in over 7 years



Pampered Pet Gazette
PSI's 1999 Pet Sitter of the Year
 2625 Alcatraz Ave. #340
 Berkeley, CA 94705



CONTACT:
Pampered Pet Gazette

2625 Alcatraz Ave. #340
 Berkeley, CA 94705
 (510) 336-9861



email: pawsitively@earthlink.net
website: www.yourpamperedpets.com
www.ikibble.com

PPP's FREQUENTLY ASKED QUESTIONS

- Q. Since you moved, what is your mailing address?**
A. My mailing address is the same as before: 2625 Alcatraz Ave. #340, Berkeley, CA 94705
- Q. For those of us who have a certain alarm code set up (matching your old phone number, etc...) should we change it?**
A. No, please keep all alarm codes and passwords the same.
- Q. Has the fee changed for house sitting and cat visits?**
A. Yes, the price has increased to \$50 for house sitting and \$17 for cat visits, effective October 1st, 2004. (LAST PRICE INCREASE WAS APRIL 1st, 2003)



PET SITTERS INTERNATIONAL
Committed to Excellence in Pet Sitting

Lifetime Member of Pet Sitters International (PSI)

PAMPERED PET PORTRAIT GALLERY

The photographs bordering pages 2-9 are of all your wonderful pets. Since we have been doing such a booming business we regret that we cannot show a photo of our entire "stable." Don't worry, we will feature as many as possible in each newsletter. *Please send us a photo if your pet has not appeared this month and we will fit them into future issues.*

NEWSLETTER DESIGN

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Abbie	Buster	Cosmo	Gracie	Lulu	Molly	Rita	Sparky
Ashland & Gracie	Chance Charlie	Cricket	Jesse	Luna	Nadia & Chia	Rusty & Simba	Spider Tammy
Baily	Chelsea	Domino & Phantom	Julien Keogh & Dino	Maggie	Nestle & Lucy	Simba	Terra
Bella	Chloe	Eddie	Kisa	Mama & Bella	Onyx	Sandy	Timmy
Betty	Chloe, Drew & Chelsea	Edgar	Lucas	Mathilda	Orry	Satya	Veer
Brawley	Chloe	Finnegan	Lucy	Max	Popeye	Sawyer	Veer
Bridget	Chu-Cho	Fuzz	Lucy	Mckinley	Puna	Schooner	Ziggy
BunBun	Cleo, Figo, & Skye	Gabby	Luke	Merlin	Rambo	Shadow	Zolie
Buster	Coco	Giovanni		Molly		Shasta	Zora
						Sophie	